

## Facial Reflexology

Student: Marie Henry

<b>Case Study</b>	<b>#2 Facial Reflexology.</b> <b>Therapist: Marie Henry, 15813 Singapor Lane TX77040, Houston, USA. Phone: 001 7138161980.</b> <b>Mail: mhenry20@comcast.net</b> <b>Treatment from july 08 to Oct 08</b>
<b>Name</b>	<b>Bernie Rogers.</b> <b>Nationality: USA</b>
<b>Gender</b>	<b>Male</b>
<b>Age</b>	<b>76</b>
<b>Occupation</b>	<b>Massage Therapist/Architect</b>
<b>Symptoms</b>	<b>Gout in big toe</b>
<b>Notes:</b>	Bernie is a 76 year old man who is in excellent physical condition. Up until about 6 months ago he was running regularly and still training for half marathons. He began having problems with gout in his big toe on his right foot and was no longer able to run. He also at one time chipped the bone on the side of his big toe and the chip is still there. It does cause him a little discomfort. He does have some psoriasis on his face and head. Initially he modified his diet to one that is alkaline and cut back on his alcohol consumption to help the gout. He has currently resumed his old diet, which is vegetarian and resumed drinking alcoholic beverages. His gout has not returned.
<b>Treatment Plan</b>	Largest Deposit – Stomach All seven steps of Basic Facial Reflexology Intestinal Link – Sacral Plexus (after 3 <sup>rd</sup> step) NP Point Balancing – Stomach (step 6A) Nerve Points – Big toe 34 & 461 Kidney 1 & 302
<b>Date</b>	July 27, 2008
<b>Treatment #1</b>	Largest Deposit – Stomach All seven steps of Basic Facial Reflexology Intestinal Link – Sacral Plexus (after 3 <sup>rd</sup> step) NP Point Balancing – Stomach (step 6A) Nerve Points – Big toe 34 & 461 Kidney 1 & 302
<b>Date</b>	July 30, 2008
<b>Changes noticed</b>	The swelling in big toe is reduced

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Treatment #2	Largest Deposit – Stomach All seven steps of Facial Reflexology Intestinal Link – Sacral Plexus (after 3 <sup>rd</sup> step) NP Point Balancing – Stomach (step 6A) Nerve Points – Big toe 34 & 461 Kidney 1 & 302
Date	August 3, 2008
Changes noticed	The swelling in big toe is reduced
Treatment #3	Largest Deposit – Stomach All seven steps of Facial Reflexology Intestinal Link – Sacral Plexus (after 3 <sup>rd</sup> step) NP Point Balancing – Stomach (step 6A) Nerve Points – Big toe 34 & 461 Kidney 1 & 302
Date	August 20, 2008
Changes noticed	Bernie was wearing his shoe on his right foot instead of the boot!! The swelling was almost gone and his toe is not as red.
Treatment #4	Largest Deposit – Stomach All seven steps of Facial Reflexology Intestinal Link – Sacral Plexus (after 3 <sup>rd</sup> step) NP Point Balancing – Stomach (step 6A) Nerve Points – Big toe 34 & 461 Kidney 1 & 302
Date	September 26, 2008
Changes noticed	His toe is normal except for the bone chip
Treatment #5	Largest Deposit – Stomach All seven steps of Facial reflexology Intestinal Link – Sacral Plexus (after 3 <sup>rd</sup> step) NP Point Balancing – Stomach (step 6A) Nerve Points – Big toe 34 & 461 Kidney 1 & 302
Date	October 11, 2008
Changes noticed	His toe is normal

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Treatment #6	Largest Deposit – Stomach All seven steps of Facial Reflexology Intestinal Link – Sacral Plexus (after 3 <sup>rd</sup> step) NP Point Balancing – Stomach (step 6A) Nerve Points – Big toe 34 & 461 Kidney 1 & 302
Date	October 26, 2008
Changes noticed	His toe is normal
Treatment #7	Largest Deposit – Stomach All seven steps of Facial Reflexology Intestinal Link – Sacral Plexus (after 3 <sup>rd</sup> step) NP Point Balancing – Stomach (step 6A) Nerve Points – Big toe 34 & 461 Kidney 1 & 302